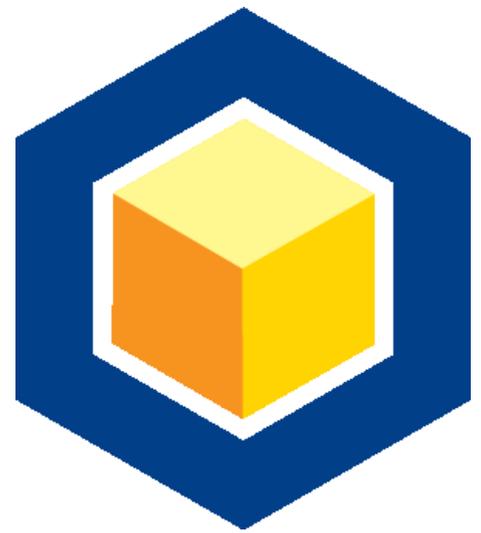


# June Newsletter



Management Consultants

1/6/2019 Edition 9



## May Tour

QRB have been on the road again this month. Dublin, Germany and Lithuania have been the destinations so another 5418 miles can be added to annual tally.

## Current trends

It's difficult to tell between PRINCE2 and ITIL at the moment as to which is the most popular.

General demand this year has been higher than previous years with more investment being made in training by organizations.

## Online Courses

Coming soon will be our new range of online courses.

These are currently under development so keep a close eye on our website and Facebook page for more details.



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## Next Events

10<sup>th</sup> June – ITIL v3  
Foundation in Dublin.

10<sup>th</sup> June – PRINCE2  
Foundation and  
Practitioner in Dublin.

17<sup>th</sup> June – ITIL4 in  
Nantwich.

24<sup>th</sup> June – PRINCE2  
Foundation and Practitioner  
in Dublin

24<sup>th</sup> June – ITIL4 in Ireland

For details please contact  
[bookings@qrbmc.com](mailto:bookings@qrbmc.com)



# I'll never can pass this

## How to fail an exam

Senior consultant Russell Parker looks at how having a negative approach to exams can help you fail.



### I've been told this is hard

So you've booked your course, got your joining instructions and full of excitement tell your colleagues about the event.

"Oh wow, that's really difficult"

"Good luck with that exam, you'll need it!"

All of a sudden that excitement you were feeling has turned into fear and trepidation.

When you turn up at the course and meet the trainer the first thing you say is "I'm going to fail this. I've been told this is really hard."

### I can't tell you

I've lost count of the number of people that have said this to me before we even start on course material. Guess what? Those that stick with this thought fail the exam. Its almost been predetermined

### Twice the size

Now, there is an old saying concerning a glass of water that is half filled. Optimists say the glass is half full. Pessimists will say the glass is half empty. As a project manager I say the glass is twice the size it needs to be.

The top half of the glass is unnecessary so why have it? Get rid!

I do the same with negative thought processes. I just don't have the room for them.

### How to fail an exam

Most of the time I'm able to take away some of my delegates negativity during the courses I present.

It's a combination of techniques that doesn't work for everyone and sadly I do get some people who start the exam somehow knowing they will fail. This is how they did it:

*'Don't bother with the sample exams'* They are only filled with exam like questions and as I'm going to fail the exam, why bother?

*'Don't revise'*. It's only the information I will be asked to recall and as I'm going to fail the exam, I see no point in revising.

*'This exercise is silly'*. It bears no relation to my day to day work and I'm going to fail the exam anyway.

Is it any wonder these people have failed?

Get rid of this negativity and it's amazing what results can be achieved. You start doing actions that help rather than hinder and you start to be more successful.

The more positive I am, the luckier I get.

Russell